



SUMMER 2020

Camp Health & Safety Plan

(Last revised: 7/8/2020)

This is a fluid document. As recommendations change, we will continue to make updates. If you should have any suggestions or comments, please feel free to reach out through anne@EastsideDreamElite.com or daycamps@issaquahwa.gov. We are all in this together!

Campers, Staff and Parents are **NOT** to be at camp if they:

- Are sick.
- Are exhibiting signs of COVID-19 or have been in close contact with someone who has a confirmed or suspected diagnosis of COVID-19 in the last 14 days.
- Are at high risk due to health conditions.

CDC = Center for Disease Control WA DOH = Washington Department of Health
KCPH = King County Public Health

CAMP CAPACITY

- Cheer Camp has decreased in size with the following in mind:
 - Decreased camper to staff ratios; Smaller “Small Groups”
 - Available indoor space when accommodating 6-foot physical distancing (outdoor spaces will be used if weather permitting)
 - Number of available trained camp counselors

MASKS/CLOTH FACE COVERINGS

- All EDE staff and volunteers will wear masks while at camp as feasible.

- The State of Washington mandates that all people older than 4 years of age, in public settings where other social distancing measures are difficult to maintain, should wear masks.
- Per KCPH, a face covering is not needed when you are outside walking, exercising, or otherwise outdoors if you are able to regularly stay 6 feet away from other people who do not live with you.

MASK PROTOCOL (WA DOH)

- **DO** cover your face with a couple layers of cloth while in public places.
- **DO** wash your hands or use hand sanitizer before you put your mask on and after you take it off.
- **DO** wash your cloth face covering in a washing machine after use.
- **DO** make sure the cloth face covering covers both your mouth and nose.
- **DON'T** think that wearing a cloth face mask makes it safe to come within six feet of other people. At best, a cloth face covering is just one added level of precaution. It doesn't really help unless we are also washing our hands, staying home when we are sick, and practicing physical distancing.
- **DON'T** touch your cloth face covering after you put it on. Try not to touch your face at all.

HAND WASHING

- Staff and campers will wash their hands with soap and water regularly throughout the day and/or after each activity.
- We recommend hand washing with soap and water takes at least 20 seconds.
- Sanitizer will also be strategically placed around the facilities for use anytime.

SMALL GROUPS

- Same coach will be with the Small Group all week.
- The CDC Day Camp Guidelines state that campers are considered a low-risk population. Small Groups physically distancing from other small groups is prudent. While physical distancing within the Small Group is ideal, it is not as crucial.

PHYSICAL DISTANCING

- Physical distancing should be practiced to the maximum extent while still allowing for the care of the campers.
- Staff should stay 6 feet apart from each other.

ACTIVITY PLANS

- Staff will explain the importance of physical distancing, hand-washing and mask protocol.
- Staff will lead activities that do not require touching or closeness.
- Staff will limit the sharing of items. If items are shared, campers will be reminded to not touch their faces and quickly use sanitizer.

- We will be outside whenever possible.

CAMPER'S PERSONAL BELONGINGS

- Campers should bring the following items each day to camp in a labeled bag/backpack:
 - Labeled Sack Lunch with morning & afternoon snacks
 - Labeled Water Bottle
 - Labeled Sunscreen
 - Labeled Clothing for the weather
 - Face covering
- Upon arrival to camp, campers will place belongings in their own designated area.
- Campers will not bring:
 - Toys from home
 - Electronics from home
 - Money
- The above Personal Belongings protocol will also be followed by staff members.

CAMP SUPPLIES

- Each camper will receive a labeled gallon-size zip-lock bag on their first day of camp. This bag and contents will stay on site until the camper's last day of camp this summer.

CAMPER SIGN-IN/SIGN-OUT PROCESS

- The Sign-In/Sign-Out Process for Cheer Camp will occur at the east side doors next to the South East parking lot. This will help crossover with other camps. Parents will not need to go beyond this point.
- All parents are strongly encouraged wear masks, as suggested by the CDC.
- Per KCPH, we encourage the same parent/guardian to sign-in and sign-out every day.
- Sign in and sign out will be verbal to be contact-free.
- Hand sanitizer will be available.
- **DAILY SIGN-IN:**
 - While maintaining physical distancing, Director will ask parent/guardian to sign in with signature and time.
 - While maintaining physical distancing, Director will conduct **Camper Health Screening.**
 - Camper's temperature will be checked using a non-contact thermometer to ensure that temperature is not above 100.4 degrees.
 - Per WA DOH, the parent/guardian will be verbally asked the following questions:
 1. Has your child had any of the following symptoms in the last 72 hours?
 - A dry cough, shortness of breath or breathing difficulty
 - A fever of 100.4 degrees or more
 - Diarrhea or Vomiting

- Sore throat
 - Chills
 - New loss of taste or smell
 - Muscle aches
 - Unusual fatigue
2. Does anyone in your household have any of the above symptoms right now?
 3. Has your child been in close proximity with anyone suspected or confirmed with COVID-19?
 4. Has your child taken any medication to reduce fever prior to coming to camp?
 - If any of the above answers are “yes”, camper may not attend camp and must immediately go home.
 - If the above answers are all “no”, camper may attend camp.
 - After camper drops belongings in basket, camper will immediately wash their hands.
- **DAILY SIGN-OUT:**
 - Sign out will be verbal to lessen contact.

CASE OF COVID-19

If a camper, staff member, parent or other person within our program is suspected or confirmed with COVID-19, the following steps will take place:

- If person is on site, they will immediately be sent home or isolated until sent home. If isolated while on site, person should wear a mask.
- All areas visited by sick person will be closed off. We will open doors and windows to the outside and use fans to circulate air. We will need to wait 24 hours before cleaning and disinfecting those areas.
- We will communicate with Staff, Camp Families and King County Health Department.
- Per WA DOH, if a camper or staff member tests positive for COVID-19, all members of the infected person’s Small Group is a close contact and should self-quarantine for 14 days.
- Per WA DOH, the ill staff member or camper may return to camp when:
 - At least 3 days (72 hours) have passed since recovery – defined as no fever without the use of medications and improvement in respiratory signs like cough and shortness of breath
 - AND**
 - At least 10 days have passed since symptoms first appeared.

STAFF TRAINING

The following topics related to COVID-19 are included in Summer Camp Staff Training, prior to the first day of camp:

- Staff stay home if sick.
- Health Screening steps upon arriving to work
- Health Screening steps for campers
- Modified Sign-In/Sign-out procedures

- Proper mask protocol
- Proper glove protocol
- Physical Distancing at camp
- Smaller staff to camper ratio; consistent small groups
- Facility/Small Group flow
- Cleaning & disinfecting expectations and protocol

A site-specific Health & Safety Supervisor will be designated to monitor the following of these protocols.