

Eastside Dream Elite Cheer Camp Material
Redmond/Kirkland Half Day Camp, July 27-31, 2026

CHEERS

- Let's get fired up, We are fired up!
- Yell out your colors Eastside, Red and White!
- Dribble, shoot, shoot, take that ball to the hoop, hoop!
- V-I, C-T-O-R-Y!
- 1st and 10 let's do it again, 1st and 10!
- Hey, hey, go Eastside go!
- Let's get a little bit rowdy, R-O-W, D-Y
- Touchdown, we want a, touchdown

JUMPS

- Pencil
- Tuck
- Toe Touch
- Pike
- Right/left front hurdlers
- Right/left kicks
- Fun Jumps: Spiderman, Moose

DANCE

Song: "Cheerleader" by OMI (Felix Jaehn Remix)

Thanks for a fun week of camp!