

# Eastside Dream Elite Cheer – Disneyland Paris!

## Information Packet

### Disneyland Paris Performance Trip

Paris, France

April 2026

As the team prepares for the busy and hardworking days ahead, I am hard at work confirming logistics for this exciting and unprecedented Paris trip! Red Squad will be showcasing their ever-progressing skills and abilities as they represent the Eastside community, the state of Washington, and the USA, as the only Washington cheer team to ever perform at Disneyland Paris. This is an incredible opportunity for our athletes, and this trip will be truly phenomenal!

We are making an impression anywhere and everywhere we go during this trip and every impression needs to be one of integrity, sportsmanship and respect. The most important thing for our team members and families to keep in mind is that the primary purpose of this TEAM TRIP (not family vacation) is for the performance/workshop themselves and to explore a new area of the world. Our desire is for the team to present their very best performance possible, one of which the team members as well as their coaches, parents and community can be proud. This is an opportunity for members to bond as a team and all team members will need to be focused on the job at hand. But don't worry...we'll have plenty of time for sightseeing too!

This packet will give you an overall idea of what we are doing for the trip. We do need everyone to be flexible as the schedule may change based on the needs of DLP and the team.

This is a very exciting time for our EDE Cheerleaders as they have prepared for this all season! Remember not to get caught up in the little things. Enjoy every moment and relish this amazing experience!

Let's Go Eastside!

Coach Anne

## **TRIP INFORMATION**

### *Flight Information:*

Everyone is flying separately. We will meet at the hotel the afternoon of Wednesday, April 8<sup>th</sup> and go to our team dinner that evening. Team dinner will be at the hotel restaurant at 6:30pm.

### *Packing Instructions:*

A General Packing List is provided in this packet. Complete new cheer uniforms including skirt, shell, sleeves, new rhinestone bow, socks and spankies and competition shoes **MUST** be packed in carry-on luggage.

### *Hotel Information:*

Dream Castle Hotel (Wednesday-Sunday) and Residence International (Sunday-Tuesday). Specific details have been sent via email.

Cheerleaders will be staying with their families. I don't know if rooms will be near each other—we will find out when we arrive. We need to make sure we are quiet and respectful of other guests. Breakfast is included in our hotel package.

Please note that cheerleaders need to be with their families in their own rooms in the evening. Please do not run around the hotel and in and out of other people's rooms.

### *Meals:*

We will have the first night dinner together on Wednesday, April 8<sup>th</sup>, at the restaurant in our hotel (each family pays separately). After that we will do not have any organized team meals, but may have the opportunity again later in the trip.

Breakfast is provided by our hotel and is part of our hotel package.

### *Dress Code:*

You are representing Eastside Dream Elite Cheer at all times and your appearance plays a big part in this so the dress code must be followed! The daily dress code is provided in this packet and you will need to arrive for your daily activities dressed in the appropriate attire each day. Paris may be cold when we're there. Please check the Paris weather forecast and pack accordingly.

## ***Schedule Breakdown***

All schedules are tentative and subject to change, but this will give you an overall idea. Please note that parents are responsible for their kids except at designated team times (Wednesday evening practice, Thursday rehearsal at DLP, Friday workshop and performance).

### **Wednesday, April 8 – Travel & Team Dinner**

**What to wear:** Pink shirts and black shorts for practice at the hotel. Can change to black pants for dinner if needed.

**Afternoon:** arrive at the hotel and say hi to everyone!

**6:30pm:** Dinner together at the hotel restaurant.

**After dinner:** Practice (possibly before dinner too), then go to bed early and work on getting over jet lag!

### **Thursday, April 9 – DLP Day 1**

**What to wear:** YMCA shirts and black shorts or leggings depending on weather.

We will go together to the Park and see if we can check out the Videopolis stage where we'll be performing and maybe do a little practice if it's feasible. Then you'll be on your own with your families in DLP the rest of the day.

### **Friday, April 10 – DLP Day 2, Workshop and Performance Day!**

**What to wear for the workshop:** White Booster shirts, red uniform skirt from this year, spankies, new rhinestone bow, Red Squad poms, competition white shoes and low white socks.

**What to wear for the performance:** New black uniforms, spankies, new rhinestone bow, Red Squad poms, competition white shoes and low white socks. Families, please wear your Eastside Worldwide shirts for support.

**After the performance:** Eastside Worldwide shirts and black shorts or leggings, depending on weather.

Coaches and cheerleaders will take the shuttle to DLP and meet our rep at 8am to go backstage for the workshop. No photos or videos are allowed backstage, and phones must be off. The workshop is from 8:30am to approximately 9:30 or 10am depending on the schedule of our instructor. We will be learning choreo from an actual DLP show!

After the workshop we will go to the theater and have 15 minutes to block our performance. Not a full rehearsal—just making sure we have all the on-and-off cues down and ready to go. We will also have a sound check for our music immediately after our blocking time. We should be done with all of this by about 11:15am if all goes as planned and you'll be on your own for lunch.

At 2:15pm we will meet back at the Videopolis theater to prepare for the performance. Our performance is at 3:50pm. Once the performance is over we will change into Eastside Worldwide shirts and you'll be on your own in the Parks!

### **Saturday, April 11 – DLP Day 3, or on your own elsewhere**

**What to wear if you're in the Parks:** This year's white EDE shirt and black shorts or leggings depending on weather.

### **Sunday, April 12 – Transition Day & Eiffel Tower**

**What to wear:** New uniforms with YMCA shirt over the top. After pics near the Eiffel Tower you can change into street clothes.

**9:00am:** Leave the Dream Castle Hotel and go to Residence International. We will leave our luggage there, then take our chartered bus to the Eiffel Tower. We will take photos in uniform, then change and you are on your own the rest of the day.

### **Monday, April 8 – Free Day**

This is a day to book your own sightseeing. Everyone is booked for Monday night in the hotel with check-out on Tuesday. If you end up leaving Monday, please note there will not be a hotel refund.

**Updates/changes/etc. will be send via the SportsYou app. Please make sure all Red Squad parents and cheerleaders with phones have signed up for the app.**

# Packing List

## *Carry-on Bag:*

- Complete Uniform (shell, sleeves, skirt, spankies, poms, new rhinestone bow)
  - Please make sure your uniform and all team wardrobe items are clean!
- Low or no-show white socks for performances. No red cheer socks!
- Cheer Shoes
- Medications (prescriptions, inhalers, ibuprofen, vitamins, etc.)
- Passport

## *Luggage:*

- EDE backpack
- Black leggings and black shorts
- EDE sweatpants for those who use them for What's My Name
- EDE sparkly jacket
- Winter coat or raincoat
- Shirts: This year's EDE shirt, Booster white shirt, Eastside Worldwide shirt, YMCA shirt, pink tie-dye shirt.
- Extra clothes for free time
- Sports bra for performances – white or flesh colored ONLY
- PJ's
- Undergarments
- Personal toiletries etc.
- Band-aids and athletic tape
- Hair necessities (lots of gel, hair-colored hairbands for performances)
- Sunscreen (we can hope!)
- Casual shoes (good for walking) and flip flops for the hotel
- Refillable water bottle
- Money for meals and discretionary items

\*\*\*\*HOMEWORK ASSIGNMENTS – cheerleaders need to understand their teacher's expectations of when missed assignments are due upon returning to school. Even though the focus of our trip is to give our best performances, cheerleaders should not use this trip as an excuse to put off assignments.\*\*\*\*

## • **PACKING REMINDERS**

- All Uniform pieces that you will need on stage, including competition shoes, must be packed in carry-on bag!
- Check the weather forecast, you may need to be prepared for rain or chilly weather.
- Remember your positive attitude and a big smile, it's going to be a great trip!

## Parent Code of Conduct

- I will be responsible for my behavior as well as for the behavior of those who attend the practices/events as my guest.
- I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parent Code of Conduct.
- I will encourage good sportsmanship by demonstrating positive support for all team members, coaches, and officials at every competition, practice, or other events.
- I will be in control of my emotions and I will remain in the spectator area during events.
- I will support the decisions of the coaches and officials working with my child to encourage a positive and enjoyable experience for all. I will not advise the coaches on how to do their jobs.
- I will demand an environment for my child that is free of drugs and alcohol and refrain from their use at EDE events.
- I will remember that the game is for our youth – not adults – and that participation in youth sports is a privilege, not a right.
- I will always show respect for all participants and I will do my very best to make youth sports fun for my child and I will not instruct him to harm any other participants.
- I will not coach my child during events/practices.
- I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.
- I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with the Booster Club, or helping with transportation.
- I will not make negative remarks, or remarks that could be construed as condescending or negative, regarding the team's organization, coaching, directing, officiating, or management over any source of internet or social media; to include but not limited to: Twitter, Facebook, email, Instagram, Blogs, etc.
- Specific for traveling: I will honor designated team times as specified by the coaches. I will ensure my child gets adequate food and sleep when they are with me, and that they are not disruptive to others.

**\*\*I understand that if I do not uphold these above statements that my child may be disqualified to participate within the organization as deemed necessary by the coaching staff. I further understand that no reimbursement of monetary funds or otherwise will be issued to me as a parent for the actions of myself or other family members of my participant that contradict the working or spirit of the above parent's code of conduct.**

I have read the above Code of Conduct and agree to uphold the agreement.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_