

Here are the requirements for Red Squad for those interested, for the 2025-2026 year (subject to change):

- 1) Register for Power Squad Fall 2025 through Spring 2026. Commitment is for the entire school year. (Wednesdays, Issaquah, 4-5:30pm).
- 2) Register for Red Squad, both Fall and Winter sessions. Red Squad will be Tuesdays, 6:45pm-9pm, in Bellevue at Sammamish High School.
- 3) Register for Dream Team and/or Dance/Drill Team (or both, especially if you're new to the team). This requirement is waived only if you are on your high school cheer or dance team. Those on Dance/Drill will get to perform an extra routine at Disneyland Paris.
- 4) Register for Tumbling Class (right after Power Squad, 5:45-6:30, on Wednesdays).
- 5) Register for and attend the Fall Power Squad Workshop on Monday, August 25th, 9am-2pm at the Bellevue Church of Christ.
- 6) Register for and attend the workshop & video day. Saturday, November 22nd from 9am-noon, and then additional Red Squad-only practice from 12:30-3pm. **This is ABSOLUTELY MANDATORY.**
- 7) Attend local competitions on Saturdays in December and January...this year it will most likely be Dec. 6, Dec. 13, Dec. 20, Jan. 10, and Jan. 17, and Jan. 24, with Junior State on Jan. 31st. We never know the time schedule until a couple days ahead so please block out the entire day for competitions.
- 8) Attend Disneyland Paris (dependent on if we are accepted to perform there). There may be an opportunity for those who do not compete in competition season to still perform at Disneyland Paris.
- 9) Additional costs include (but not limited to): \$50 for each local competition entry fee, \$25 for competition team T-shirt, cost of trips, etc.
- 10) Attend the Friday Night Lights Event on September 26 at Tibbetts Fields, 6-8pm. More details to come.

I recommend doing personal fundraising now! Get started with saving!