

Here are the requirements for Red Squad for those interested, for the 2025-2026 year (subject to change):

- 1) Register for Power Squad Fall 2025 through Spring 2026. Commitment is for the entire school year. (Wednesdays, Issaquah, 4-5:30pm).
- 2) Register for Red Squad, both Fall and Winter sessions. Red Squad will be Tuesdays, 6:45pm-9pm, in Bellevue at Sammamish High School.
- 3) Register for Dream Team and/or Dance/Drill Team (or both, especially if you're new to the team). This requirement is waived only if you are on your high school cheer or dance team.
- 4) Register for Tumbling Class (right after Power Squad, 5:45-6:30, on Wednesdays).
- 5) Register for and attend the Fall Power Squad Workshop on Monday, August 25th, 9am-2pm at the Bellevue Church of Christ.
- 6) Register for and attend the workshop & video day. Saturday, November 22nd from 9am-noon, and then additional Red Squad-only practice from 12:30-3pm. **This is ABSOLUTELY MANDATORY.**
- 7) Attend local competitions on Saturdays in December and January...this year it will most likely be Dec. 6, Dec. 13, Dec. 20, Jan. 10, and Jan. 17/18 or possibly Jan. 24/25. We never know the time schedule until a couple days ahead so please block out the entire day for competitions.
- 8) Attend JAMZ Nationals in Las Vegas (dates TBA) and/or Disneyland Paris (dependent on if we are accepted to perform there).
- 9) Additional costs include (but not limited to): \$50 for each local competition entry fee, \$25 for competition team T-shirt, cost of trips, etc.

I recommend doing personal fundraising now! Get started with saving!